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metroNEWS

'We need to show them our best'

IMMIGRANT SERVICES

Groups aid newcomers after downtown attack

Matt Kieltyka
Metro | Winnipeg

Immigrant services groups are rallying behind one family and putting public safety on the agenda after a violent assault in downtown Winnipeg last week turned two newcomers' Canadian dream upside down.

Recent immigrants Talia Gohari and her husband, Shayke, were on break during a settlement orientation course when they were attacked by a knife-wielding stranger outside Altered Minds on Portage Avenue Thursday evening.

Both suffered non-life-threatening injuries but Shayke now faces at least six months away from his new construction job due to the serious wrist injury he sustained in the assault. The ambulance bill has also cost the family more than $1,000.

Grace Eidse, executive director of Altered Minds, says settlement services are accepting donations for the victims and will be meeting soon to address public safety concerns.

While there haven't been other serious assaults involving newcomers in the area, Eidse worries about the effect Thursday's incident had on students in the ENTRY Program, which helps 5,000 new immigrants settle in Winnipeg each year.

"We need to be more vigilant," she said. "We are here to welcome people and then they see the worst of Canada right outside the door. We need to show them our best."

The organizations in the area would like to see police and Downtown Watch patrols ramped up.

"This happened in broad daylight," Eidse said. "People are afraid. Immigrants often use (crime) as a reason not to come downtown. It seems to be getting worse."

In the meantime, four people have already stepped up with donations for the Goharis and their three children, who immigrated from Israel just seven weeks ago.

Eidse hopes the response can help undo the damage done to the city's reputation by a single act.

"There has been an overwhelming response from people," she said.

Police said Monday that Lee Grant Boucher, 36, has been arrested and charged in connection with the incident.

'I want to go back,' victim tells parents, page 4

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metro NEWS
Your essential daily news

Heads of Facebook, Catholic Church meet in the Vatican. **World**

The Winnipeg Humane Society is trying to find a home for a long-haired rabbit named after U.S. presidential candidate Donald Trump. BUNNY COURTESY WINNIPEG HUMANE SOCIETY, TRUMP: THE ASSOCIATED PRESS

'Donald Trump' bunny needs a good home ... and a haircut

HUMANE SOCIETY

Rabbit's hair led staff to name it after U.S. candidate

Stephanie Taylor
Metro | Winnipeg

The Winnipeg Humane Society is hoping to make one bunny's life great again.

Donald Trump is a fluffy blonde rabbit turned over to the humane society's care at the beginning of the month, and as of Monday, he's still available for adoption.

Just one look at the rabbit and it's easy to see why staff named the critter after the real estate mogul turned reality TV star turned controversial presidential nominee.

> He just had a wackier... wild hairdo, which could have been molded in a similar Donald Trump fashion. Kyle Jahns

"It was the hair on him, really," communications director Kyle Jahns said Monday.

"He just had a wackier...wild hairdo, which could have been molded in a similar Donald Trump fashion."

Jahns said the rabbit is sweet, even a bit shy, at first meeting.

"I don't think he's anything like the guy that's he's named after," he said.

Bestowing animals with imaginative names is one way staff try to catch the attention of potential pet owners.

"Especially with a rabbit like this, there are a lot of eyes on the election at this point, so we're hoping that he'll be able to find a home sooner rather than later," Jahns explained.

Like most rabbits, he said Donald enjoys munching on veggies and drinking water.

"He was a little skittish when I had met him for the first time, but that's like any rabbit," he said.

"Once you earn his trust and get to learn a little bit about him, he becomes a little more cuddly and much more trusting."

But could the same be said about the Republican candidate south of the border?

"I'm not going to be the one to comment on that I'm afraid," Jahns said with a laugh.

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TRANSIT TUESDAY
Weekly Transit News Update

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Winnipeg

Talia Gohari and her husband Shayke were attacked by a knife-wielding stranger on Portage Avenue Thursday evening. They just moved to Winnipeg from Israel seven weeks ago. LYLE STAFFORD/FOR METRO

Newcomers rattled by knifing in 'safe' city

CRIME

Married couple was robbed upon leaving orientation

Matt Kieltyka
Metro | Winnipeg

One of Winnipeg's newest residents says her family will need time to feel safe again after she and her husband were attacked by a knife-wielding stranger Thursday.

Talia Gohari, her husband Shayke and their three young children moved to the city seven weeks ago from Israel and immediately felt at ease.

But the couple became the victims of a random assault and robbery outside their settlement orientation course in downtown Winnipeg last week.

Talia escaped with minor cuts to her arms but Shayke is recovering at home while he awaits surgery for more serious injuries to his wrists.

He's been told he'll be unable to work at his new construction job for at least six months because of the injuries.

"I'm so angry about this situation, it caused a lot of damage for our family," Talia told Metro on Monday. "We feel so blessed to come to Canada and settle in Winnipeg. We hope for a better life and for more opportunities for our children. I felt so safe and so comfortable. I can't believe this happened. I called my parents and told them I want to go back (to Israel)."

> **"I called my parents and told them I want to go back.**
> Talia Gohari

With the attack still raw in her mind, Gohari is unsure how long it will take for her to feel safe in her new home.

But she extended her gratitude to witnesses who rushed to her and Shayke's aid and chased after the suspect after he allegedly slashed at them and ran off with her purse — which was later retrieved.

"I don't know the person who helped me, one guy and one woman, but it's very nice to have a community that will help a lot," Gohari said. "To them, I want to say 'thank you.'"

POLICE

Cruisers stay in service despite Ford recall

No squad cars will be pulled from the Winnipeg Police Service's fleet despite a recent recall by Ford, the department confirmed Monday.

Ford issued a safety recall for approximately 86,000 vehicles built between 2013 and 2015 last week because of issues with fuel pump control modules.

The recall includes Ford Police Interceptor sedans that had engines built in Chicago in those years.

WPS spokesperson Const. Jason Michalyshen told Metro that the department has had to send 12 cars in for repairs over the past year.

Const. Jason Michalyshen says Winnipeg Police Service has sent 12 cars in for repairs in the last year and were aware of the fuel pump issues prior to Ford's recall. METRO FILE

"We were aware of this issue even prior to the recall," said Michalyshen. "This issue was diagnosed and rectified. We repaired the vehicles resulting in a recovery of the costs from Ford."

No other WPS vehicles have been affected, he said.

In all, Ford said 7,353 vehicles in Canada are affected by the recall.

Other affected vehicles include the Ford Taurus, Flex, Lincoln MKS and MKT, all with 3.5-litre gasoline turbocharged direct injection engines built in Chicago and Oakville.

The auto manufacturer is offering to replace the recalled modules at no cost to customers. MATT KIELTYKA/METRO

Building a sweeter potato

FARMING

Feds announce funding for agricultural research

Luke Simcoe
Metro | Toronto

Attention yam fans: the next batch of sweet potato fries you order in Winnipeg could be grown closer to home.

The provincial and federal governments announced a $210,000 investment in agricultural research Monday, focused — at least in part — on building a better yam.

According to the province, demand for sweet potatoes in Canada has jumped 83 per cent in the past decade. However, comparatively few yams are grown in Manitoba, meaning most are imported. The cash investment will help fund research into new varieties of sweet potato that can handle Manitoba's cooler climate and shorter growing season.

"In broad strokes, the sweet potato is grown in the central and southern United States," said Tom Gonsalves, an industry development specialist with Manitoba Agriculture. "The varieties used there took advantage of the longer growing season than we have … we just don't have as many frost-free days."

The trick to adapting the yam to Manitoba will be making it mature faster, Gonsalves said, without sacrificing things like flavour or shelf life. As the plant grows, starches in the yam turn to sugar, he said, so accelerating the process can make sweet potatoes less sweet.

The possibility of more local yams was music to the taste buds of Winnipeg restaurateurs.

"There's definitely been a movement to sweet potato in general. It's more health conscious," said Emily Butcher, a chef at Deer and Almond.

Butcher tries to source as many local ingredients as she can. She said the restaurant doesn't have yams on the menu at the moment, but that could change if more homegrown ones are available.

"We really cater our menu to what our farmers have," she said.

Sweet potatoes aren't a common crop in Manitoba, but the province is funding research into new varieties that can better handle the local climate. TORSTAR NEWS SERVICE FILE

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‘Magic Dan’ faces child porn charges

INVESTIGATION

Entertainer has performed at daycares, schools, camp

Stephanie Taylor
Metro | Winnipeg

A Winnipeg children’s entertainer has been charged with making and distributing child pornography.

Police said Daniel Kamenicky, 39, of Winnipeg was arrested last week in connection to an investigation into child exploitation.

Kamenicky ran a children’s magic show under the name ‘Magic Dan.’ He reportedly performed at many local daycares, at least one local school division and the University of Manitoba’s Mini U camp.

Const. Jason Michalyshen wouldn’t release information about the number of victims, but said the “investigation is far from complete.”

After being tipped off that local IP addresses were being used to upload images and videos of child pornography, police said officers raided a residence last week and seized numerous electronic devices that led to Kamenicky’s arrest.

“In light of this individual’s community involvement, the public has a right to know,” Michalyshen said.

A spokesperson from the University of Manitoba confirmed that Kamenicky was contracted by Mini U in July.

In a letter sent to parents, the university says Kamenicky was also contracted on four occasions since 2012 to work at the Magic Mania camp.

“The WPS has at this time assured Mini U that there is no reason to believe that any incidents happened during this individual’s involvement with Mini U,” the letter reads.

It adds that Kamenicky submitted both a criminal record and child abuse registry check.

“We have acknowledged that this individual has worked as a children’s entertainer. If we didn’t feel it was relevant or if there was potentially a relation, we wouldn’t have included it” in the release, Michalyshen said.

Speaking generally, he explained it is common for people involved in child exploitation to seek out opportunities to be around children.

“It’s scary, but it’s an unfortunate reality that we all have to be aware of and be mindful of.”

Daniel Kamenicky
YOUTUBE SCREENSHOT

ANDREA GIESBRECHT TRIAL

Dead infants in storage locker were full-term births: Expert

A pathologist who examined the remains of six infants found in a Winnipeg storage locker says some were so decomposed, they were just bones.

But Raymond Rivera told court most appeared to be full-term births.

“It was a full-term (baby),” Rivera said of “infant No. 1” — the first of the six he examined in October 2014 shortly after they were discovered. It was also one of the least decomposed.

The trial of 42-year-old Andrea Giesbrecht resumed Monday.

It was adjourned in July to allow her husband Jeremy to seek legal counsel and decide whether he was going to waive his right to not testify about things the couple may have said to each other. He could return to the witness box as early as Tuesday or Wednesday.

Rivera, who has performed 1,200 autopsies, said placentas and attached umbilical cords were found with most of the remains but some had deteriorated so much it was impossible to determine gender.

Even infant No. 1, a boy, had decomposed and the brain had liquefied.

“I couldn’t determine the cause of death.”

The same was true of the other five, nor could he determine whether they had lived after birth.

The trial has already heard that Giesbrecht was pregnant at least six times and had several legal abortions over the years, as well as a miscarriage. Defence lawyer Greg Brodsky has raised the idea that Giesbrecht may have had a medical issue that prevented her from carrying a baby to term in the years since her last child was born.

The Crown has yet to suggest a motive for the alleged crime.

The remains were discovered by employees of the storage company after fees went unpaid on the locker where they were found.

Rivera said most were in garbage bags. One was in a pail under concrete-like material. Another had been covered in a white powder that halted decomposition but dried out the body and left it rock hard.

He said the gestation age of the remains was determined by measurement and most were close to or at full term — about 40 weeks. All were estimated to be more than 30 weeks.

The third infant he examined was little more than a pile of bones, wrapped in a towel and placed in one of the white garbage bags, which was itself in a maroon duffel bag.

He had to call in an anthropologist to examine the remains because there was nothing to autopsy.

THE CANADIAN PRESS

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Hearings nixed after protests

PIPELINE

Three rowdy protesters are facing charges

Protesters forced the cancellation on Monday of the first day of hearings in Montreal into TransCanada's Energy East Pipeline project with police making three arrests.

A spokesperson for the National Energy Board (NEB), the federal regulatory body reviewing the project, could not confirm as of Monday afternoon if Day 2 of the hearings would go ahead as planned Tuesday.

One man charged at the three NEB commissioners seated at the front of the room minutes before the hearings were set to begin but was grabbed by security officers.

"TransCanada will not pass," he screamed as police dragged him away from the downtown conference room.

A 44-year-old man and 29-year-old woman were charged with obstruction and released, while a 35-year-old man was charged with obstruction and assaulting a police officer and remained detained as of Monday afternoon.

A demonstrator is arrested after disrupting a public hearing into the Energy East pipeline project on Monday. THE CANADIAN PRESS

Police originally said the 44-year-old was also charged with assault.

Montreal Mayor Denis Coderre, along with the mayor of nearby Laval and other municipal representatives, walked out of the hearings not long after the demonstrators charged in.

> **There are too many problems we are witnessing to accept the project.**
> Montreal Mayor Denis Coderre

Coderre was the first person scheduled to give testimony Monday but chose instead to leave, calling the protests a "masquerade."

He and many provincial politicians and First Nations groups oppose TransCanada's project to transport crude oil from Alberta to New Brunswick.

"There are too many problems we are witnessing to accept the project," Coderre told reporters after he decided to leave the hearings.

"We're saying the project (TransCanada) presented is wrong, it's bad and we don't have the answers. And frankly one of the main issues is contingency plans, everything regarding safety."

Coderre asked last week for the hearings to be suspended after media reports revealed that two of the three NEB commissioners overseeing the review process met former Quebec premier Jean Charest, who was at the time a lobbyist for TransCanada.

He said he wasn't calling for the commissioners to resign, but that there was a perception of bias.

Nonetheless, Coderre said it was important for him to give testimony in order for the NEB and the rest of the country to appreciate the concerns of local citizens. THE CANADIAN PRESS

BANGLADESH

Detained student closer to freedom: Lawyer

Tahmid Khan has been detained in Bangladesh for nearly 60 days, but a lawyer working with his family hopes the killing of an alleged Canadian terrorist in that country could bring the University of Toronto student one step closer to release.

Police in Bangladesh killed three suspected militants in a raid Saturday near Dhaka, the country's capital. Among those reportedly shot dead was Tamim Chowdhury, a Canadian-Bangladeshi citizen with suspected ties to Daesh.

Chowdhury was accused of plotting the hostage attack on the Holey Artisan Bakery café, which killed 20 people in early July.

Khan, 22, was one of two hostages from the attack who has been held in custody since July 2.

Marlys Edwardh, a lawyer working for Khan's family, said there's no evidence to suggest any connection between Khan and Chowdhury, and points out that Khan has not been charged with any crime. Edwardh said she hopes Chowdhury's killing can rule out any link between Khan and terrorist groups.

Khan's most recent court appearance in Dhaka was on Sunday, when he was remanded in custody for another 21 days, Edwardh said. Earlier last week he was transferred from custody at a police station in the capital and is now being held in a single-person cell at a temporary detention facility for people awaiting trial, she said.

Khan's parents have also been allowed to visit him, most recently over the weekend, Edwardh added.

TORSTAR NEWS SERVICE

SASKATOON

Revenue agency asks couple to prove children — again

Devin Dubois, his two sons and wife. FACEBOOK.COM

A Saskatchewan couple has two boys, four car seats and a nanny but they're being asked by the Canada Revenue Agency to prove that their children exist — again.

Devin Dubois and his wife got a letter telling them to prove that they have children or their child benefits would be cut off. But Dubois says the CRA has the information in its possession because the couple got the same letter in 2014.

"It's not that there's anything new in our 2015 tax returns. These are the same two kids that we've always claimed. I don't know what the CRA thinks has happened between now and then," said Dubois.

"I don't know what more proof positive we really could provide."

Dubois says in 2014 he provided proof of their Canadian citizenship, social insurance numbers, child-care receipts and property tax details.

He also sent notarized copies of his driver's licence, law society membership and Costco membership. There was also a lengthy letter, with a touch of sarcasm.

"If our kids haven't existed for the past three and a half years, why the hell are we so tired? And why are we consistently doing laundry, why is our house a disaster and why are there raisins and Pepperidge Farms goldfish ground into our carpets, car-seats and couches?" he wrote.

The documentation was accepted by the government.

That's why the Saskatoon dad says it's "absolutely ridiculous" for the CRA to ask for the information again. THE CANADIAN PRESS

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Migrants, most of them from Eritrea, jump into the water from a crowded wooden boat as they are helped by members of a non-governmental organization during a rescue operation along a dangerous Mediterranean Sea route. THE ASSOCIATED PRESS

Thousands of migrants saved on risky sea route

LIBYA

NGOs rescue 3,000 people trying to cross Mediterranean

A boy stands inside a crowded wooden boat carrying hundreds of migrants before being rescued on Monday. THE ASSOCIATED PRESS

Italian naval ships and vessels from non-government groups rescued thousands of migrants off the Libyan coast on Monday, the latest surge in desperate attempts to flee to Europe driven by war, poverty, and human traffickers.

The dramatic operation took place just 21 kilometres north of the town of Sabratha in Libya. Groups such as Proactiva Open Arms and Doctors Without Borders helped take on some 3,000 people who had been travelling in some 20 small wooden boats.

In images and video by The Associated Press, migrants from Eritrea and Somalia cheered as the rescue boats arrived, with some jumping into the water and swimming toward them while others carefully carried babies onto the rescue ships.

Tens of thousands of Africans take the dangerous Mediterranean Sea route as a gateway to a better life in Europe, alongside those fleeing wars from Syria to Afghanistan.

Libya's chaos and lack of border controls have turned it into a migrant transit route.

In June, the European Union expanded its anti-smuggling operation in the central Mediterranean to include training Libyan coastal and naval forces, which are intercepting boats and returning migrants to Libya, where some are being held in abusive conditions.

Rights groups and experts estimate that there are about 3,500 migrants held in roughly 20 official detention facilities across Libya. Others are held in informal detention centres controlled by criminal gangs or armed groups. THE ASSOCIATED PRESS

WILDLIFE

323 reindeer killed by lightning in Norway

More than 300 wild reindeer have been killed by lightning in central Norway.

The Norwegian Environment Agency has released eerie images showing a jumble of reindeer carcasses scattered across a small area on the Hardangervidda mountain plateau. The agency says 323 animals were killed, including 70 calves, in the lightning storm Friday.

Agency spokesman Kjartan Knutsen said it's not uncommon for reindeer or other wildlife to be killed by lightning strikes but this was an unusually deadly event.

He said reindeer tend to stay very close to each other in bad weather, which could explain how so many were killed at once. THE ASSOCIATED PRESS

Three wild reindeers that were struck by lightning. AFP/GETTY IMAGES

VATICAN CITY

Mark Zuckerberg and Pope Francis meet

Pope Francis has met with Facebook founder and CEO Mark Zuckerberg and Zuckerberg's wife, Priscilla Chan, at the Vatican.

Vatican spokesman Greg Burke says one topic of discussion at Monday's meeting was "how to use communication technologies to alleviate poverty, encourage a culture of encounter, and make a message of hope arrive, especially to those most in need."

The atmosphere appeared informal, with the chat taking place in the Santa Marta residence, the guest house in Vatican City where the pope lives.

Zuckerberg wore a dark suit and tie for the occasion while Chan wore a black, knee-length dress. THE ASSOCIATED PRESS

Pope Francis shakes hands with Facebook founder and CEO Mark Zuckerberg Monday at the Vatican. HANDOUT/AFP/GETTY IMAGES

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SEXTING

Clinton aide Abedin dumps husband Anthony Weiner over new scandal

Hillary Clinton aide Huma Abedin is done playing the good wife to Anthony Weiner, announcing Monday she is leaving the serially sexting ex-congressman after he was accused of sending raunchy photos and messages to yet another woman.

Abedin, who as vice chair of Clinton's campaign is destined for big things if the Democrat is elected president, stayed with Weiner after a sexting scandal led him to resign from Congress in 2011 and after a new outbreak of online misbehaviour wrecked his bid for New York mayor in 2013.

But on Monday, she effectively declared she had had enough.

The New York Post published photos late Sunday that it said Weiner had sent last year to a woman identified only as a "fortysomething divorcee" who lives in the West and supports Republican Donald Trump. The photos included two close-ups of Weiner's bulging underpants. THE ASSOCIATED PRESS

Huma Abedin and husband Anthony Weiner THE ASSOCIATED PRESS

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eBay wants Trudeau's help

CANADA POST

E-commerce giant urges businesses to write to PM

E-commerce giant eBay urged Canadian businesses on Monday to write to the prime minister and demand a legislated end to the labour dispute at Canada Post as a threatened work disruption was once again put on hold.

Launch of the letter-writing campaign came as contract negotiations between the Crown agency and its biggest union stretched into overtime.

While government officials expressed optimism that a 24-hour extension of the talks would break a months-long impasse over pensions and wages, small and medium-sized businesses have heard it before, said eBay Canada managing director Andrea Stairs.

"Negotiations are ongoing, but we don't see a solution coming down the pipe," Stairs said in a telephone interview.

Online auction company eBay is urging Canadian businesses to go on a letter-writing campaign demanding a legislated end to the labour dispute at Canada Post. THE CANADIAN PRESS FILE

"So we really felt it was time for the prime minister to get involved."

The letter, emailed to eBay sellers and addressed to Justin Trudeau's Langevin Block office in Ottawa, encourages the prime minister to "explore legislative solutions to the current situation" at Canada Post and warns that businesses are being harmed by uncertainty about whether parcels will be delivered.

> **Negotiations are ongoing, but we don't see a solution coming down the pipe.**
> Andrea Stairs, eBay Canada managing director

"eBay sellers, like other small and medium businesses across Canada, have been dealing with this uncertainty for months," the letter states.

"We have been forced to adapt our businesses and make other shipping arrangements for our goods."

Talks continued over the weekend with the aid of a special mediator and threatened job action by the union's 51,000 members was halted under a 24-hour extension aimed at reaching a last-minute agreement before midnight Monday night.

THE CANADIAN PRESS

FITBIT

Exercise becomes a game

Fitbit wants to help you exercise more by making you think you're hiking famous trails instead of strolling around your neighbourhood. The new motivational feature, called Adventures, will be available to all Fitbit users through a free app update Monday.

The feature tracks the distance you've walked or run and maps it against actual trails, starting with three at Yosemite National Park in California. The Fitbit app will unlock badge-like images of trail landmarks — say, a scenic waterfall at mile 5 — as you progress. Other rewards include "fun facts" and health tips along the way.

One of Fitbit's most popular features has been its ability to let friends and family compare steps they've taken throughout the day. Fitbit says those who participate in such challenges tend to take 30 per cent more steps. The company says Adventures is designed to offer similar challenges even if people haven't assembled real-life groups. THE ASSOCIATED PRESS

TECHNOLOGY

Apple expected to unveil new iPhone next week

Apple is expected to show off a new iPhone on Sept. 7 at its fall product launch event in San Francisco. Sales are down from a year ago and analysts will be watching closely to see what changes have been made. Apple may also show new models or features for other products like the Apple Watch or Macbook computer. Apple didn't provide any details, but it traditionally announces new iPhone models at its annual event.

THE ASSOCIATED PRESS

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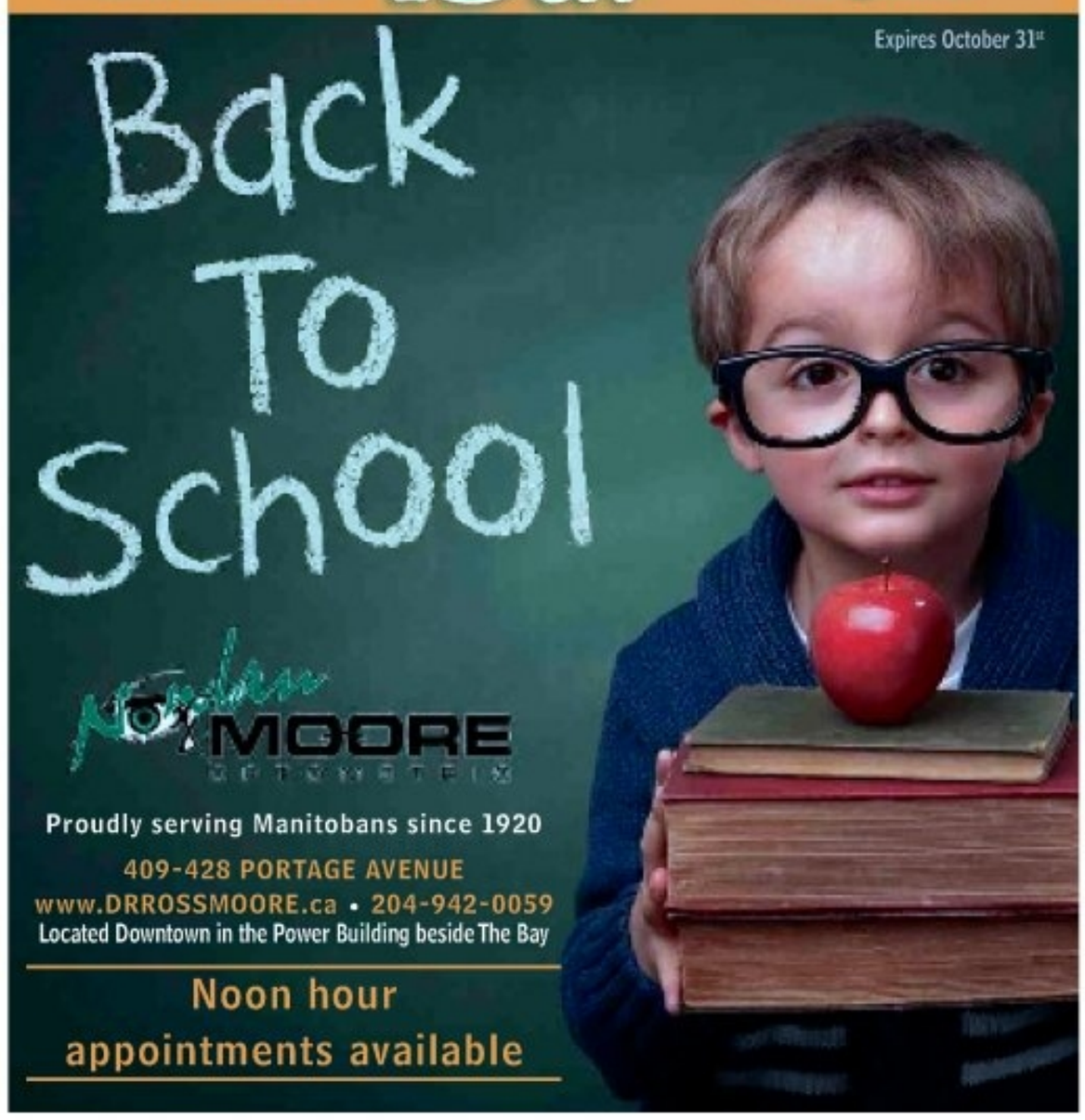

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metro VIEWS
Your essential daily news
Tuesday, August 30, 2016

ROSEMARY WESTWOOD
in Vancouver

The B.C. Liberals' new climate change policy is a futile attempt to balance what's desperately needed with what's politically expedient — and it provides a perfect example of a society frozen in inaction

Rosemary is in Vancouver all week, reporting on the major issues facing the city. Today: The environment.

Even those who don't often dream will likely have had this one: You are alone, and in danger. Some evil is about to fall, but you can't move or even scream. The doom approaches, and you're stunned, useless.

This, broadly, feels like our collective response to climate change.

Certainly, this is the moment of impending catastrophe. In just the last few weeks, one scientist predicted that "next year or the year after, the Arctic will be free of ice"; Rolling Stone magazine warned we've reached "the point of no return," that sea levels could rise 10 times faster than predicted, and suggested "historians may look to 2015 as the year when shit really started hitting the fan;" the small village of Newtok, Alaska, has voted to relocate as rising waters erode the town's land; global coffee production is estimated to be halved by rising temperatures; and a New York Times map of projected temperatures across the U.S. showed 100-degree-Fahrenheit days soaking the continent by 2100, like some deadly red dye.

Tossed into this whirlpool of bad news is the B.C. Liberals' much-anticipated climate change policy, providing a perfect example of a society frozen in inaction.

Released last week, it's a document written for gentler a time — or a time when we had time on our side. Tom-

If we all took climate change as seriously as we should, high carbon taxes would be politically expedient

Pierre Frappé-Sénécleuze, a senior advisor at the Pembina Institute, described it as "disappointing," but another equally apt word would be "useless." Premier Christy Clark is seeking to balance something desperately needed — the curbing of greenhouse gas emissions — with something politically expedient — the protection of gas prices at the pump, as well as "jobs" and the "economy."

B.C. Premier Christy Clark, back left, and B.C. Environment Minister Mary Polak plug in an electric vehicle before announcing the province's climate action plan in Richmond, B.C., on Aug. 19. DARRYL DYCK/HE CANADIAN PRESS

The carbon tax will remain frozen, instead of increasing by $10 per tonne a year, as the province's Climate Leadership Team recommended. Since the province is already off track in meeting 2020 emissions targets set in 2007, the new plan aims to keep a promise to reduce emissions by 80 per cent from the 2007 level by 2050, suggesting accountability is really only important a few decades from now.

The policy makes a few weak gestures to the future, said Frappé-Sénécleuze (like increased tree planting and electrical car charging stations), while missing two key opportunities: increasing the carbon tax and investing in renewable energy technology to drive economic growth.

Pitting climate change against the "economy" is a false dichotomy, he said, arguing green energy "is a trillion-dollar market, globally." While the policy requires that the liquefied natural gas industry reduce leaked emission and methane by 45 per cent by 2025, Frappé-Sénécleuze sees those as efforts to prop up an existing resource industry at the expense of developing new energy sources.

"Everybody right now is given a free cheque to pollute," Frappé-Sénécleuze said, and that "has a real effect and a huge cost to our children."

But not, necessarily, to us. And certainly not to the premier's political career. Whatever haunts Clark's dreams, it's clearly not climate change.

It should be obvious to us all that an insufficient amount of fear around environmental changes will be disastrous. But the B.C. Liberals aren't alone in their blasé response.

If we all took climate change as seriously as we should, high carbon taxes and big investments in renewables would be politically expedient.

It's not that we don't care about irreversible changes to the world that could wreak havoc on the food supply, force mass migration that would make the situation in Europe seem manageable, upend global trade and slap a foreclosure sign across Whistler Blackcomb. It's that we can't quite seem to care more about them then we do our current conveniences.

There are undoubtedly some people for whom a gas hike would be a genuine economic hardship (and the premier's own Climate Leadership Team suggested ways to mitigate that impact), but the truth is most of us could manage to pay more.

If we don't want to, than that's just our petty preferences. And if we continue to prioritize the status quo — out of sheer laziness, let's face it — then politicians will continue to offer limp policies, and we'll all get the apocalyptic future we deserve.

Tomorrow: What it takes to rent a place in Canada's most competitive market.

Police need more than words to fight bike theft

YOUR RIDE
Colin Fast

"Lock it or lose it" was the message police had for cyclists at a news conference last week.

That's good advice, but what police didn't say is what they plan to do themselves about putting the brakes on the growing bike theft problem in our city.

The rate of such thefts has more than doubled in the past two years, and since May 1, nearly five bikes per day have been reported stolen. The actual number is likely much higher, as many people don't even bother filing a report, as they (correctly) assume police can't or won't do much about a missing bike.

While millions have been spent by the civic and provincial governments to successfully reduce Winnipeg's rate of car theft, virtually nothing has been done to protect bikes.

Fortunately, some low-cost options exist for the city to demonstrate it takes theft seriously regardless of whether you're on two or four wheels.

1. Bait bikes: Several cities across North America are targeting serial bike thieves through the use of bait bikes equipped with GPS devices. These bikes are locked in public locations, and when they're moved, police can track them and arrest the culprit.

"Using bait bikes serves two purposes: firstly, to catch thieves in the act, and secondly, to also send out a strong reminder to all would-be thieves that the next bike they are thinking of stealing may just belong to the police," explained a North Vancouver RCMP spokesperson after a recent bike thief arrest.

But Winnipeg police say they have no plans to launch a bait bike program.

2. Better bike-registration system: The majority of bikes in Winnipeg are not registered with the city. Why? It's likely because the system is clunky and dated. Bike owners have to fill out a paper form and mail it to the city along with a $6.40 payment, then wait to receive their licence sticker in the mail.

Contrast that with Project 529, the online registration system recently adopted by the Vancouver Police Department. Bike owners can complete their registration by phone or computer in five minutes, and pick up a bike sticker at any community police station. It's free, and police have partnered with local bike shops to encourage registration at the time of purchase.

3. Loaner locks: Cyclists should always carry a lock, but there are times when you head out lockless for a quick ride and then run into friends or a festival or a really full bladder, and you want to stop. What to do with your bike? Through a loaner-lock program, the city could partner with local businesses or attractions to make high-quality locks available in exchange for leaving a piece of ID or a deposit behind.

Combined, these measures would only cost the city a few thousand dollars, yet they'd potentially have a big impact on improving bike safety. After all, if bike theft is a big enough problem for a news conference, it should be a big enough problem to actually do something about.

Colin Fast is a communications specialist and freelance journalist in Winnipeg. Find him @policyfrog on Twitter

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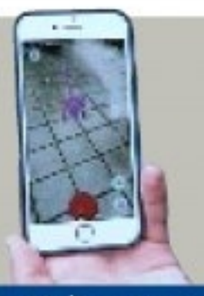

Pokemon, just go: France wants to expel creatures in schools

Want to look buff? Erick Fleishman says there are three important keys to physical transformation: exercise, diet and sleep. And sleep is the most important. TORSTAR NEWS SERVICE

How to get Hollywood muscle

INTERVIEW

Trainer shares what's needed to get as buff as your screen idol

A short drive from Warner Bros. and Universal Studios in California, you'll find Eric Fleishman.

Herculean in size, he looks like an extra in Game of Thrones — but he just trains them. He's also worked with much of the cast of AMC's The Walking Dead. Now he's released a how-to manual and mobile app package called Hollywood Muscle.

Fleishman stopped in Toronto for the Canfitpro World Fitness Expo, how to go from weakling to warrior.

This interview has been condensed for clarity and brevity.

What's the key to physical transformation?

Three things: exercise, diet and sleep. Of the three, the most important is sleep. You'll hear many fitness professionals tell you that it's 90 per cent diet but they're not telling you the truth. But the magical element in the science of change that causes the physical transformation is sleep.

When it comes to physical transition, the hours before midnight are worth nearly twice as much as the hours after midnight. The version of you that goes to bed at 10 p.m. and wakes up at 6 a.m. is actually better looking and changes more than the version of you that goes to bed at midnight and wakes up at 8 a.m.

Let's talk nutrition for different body types.

When it comes to men, there are basically three options that I give all actors.

Option No. 1: I could turn him into what I call a "sleek ninja." I could take a normal-looking man and make him smaller, tighter, sinewy, very much like Bruce Lee. If your readers want to look like a sleek ninja, I would put them on a strict diet of egg whites, tuna, salmon, green salad. It would be a very lean diet with protein sources that encourage the body to be small but sleek.

> **I can make a normal guy look like Tarzan**
> Eric Fleishman

Option No. 2: "Lord of the jungle." I can make a normal guy look like Tarzan. Tarzan has broad shoulders, a small waist, increased pectorals that are high and flat on his torso, like two dinner plates. If they want to look more like Tarzan, I would add in some whole eggs to that diet, some chicken and occasional steak and some turkey.

Option No. 3: "The Incredible Hulk." This guy is massive, covered in muscle. The type of person you see walking down the street and you cross the road because you don't want to be near the person. I can give him excess physical relevance.

If they want to look like the Incredible Hulk: whole eggs, cottage cheese, steak, beef in general — those things would encourage size.

TORSTAR NEWS SERVICE

RESEARCH

Virtual baby simulators may increases teen pregnancy rates

Baby simulator programs are used around the world, often in hopes of preventing teen pregnancy — but a new study shows they might actually make girls more likely to have a baby.

The Australian research, published this month in the Lancet, found eight per cent of girls enrolled in a "virtual infant parenting" program had at least one birth, compared to four per cent of girls in a control group. Abortion rates were also higher, at nine per cent for the girls in the parenting program compared to six per cent in the control group.

"The program seemed to increase pregnancy, which is entirely the opposite of what we had hoped for," says lead author Sally Brinkman, of the Telethon Kids Institute at the University of Western Australia.

Brinkman's team followed several thousand girls from the ages of around 13 to 15 until the age of 20. The randomized controlled trial involved 57 schools in Western Australia. The program used by the participating schools is an Australian adaption of an American program from RealityWorks, which is geared towards pregnancy prevention. It involves an infant simulator — a doll that cries when it needs to be fed, burped, rocked or changed and tracks crying time, improper handling, and other aspects of infant care.

> **8 per cent**
>
> **The Australian research, published in the Lancet, found eight per cent of girls enrolled in the program had at least one birth, compared to four per cent of girls in a control group.**
> TORSTAR NEWS SERVICE

Brinkman says it's not clear why the program may encourage teen pregnancy, but her team thinks it could be because it's an enjoyable, engaging experience for the participants.

"You get quite a lot of attention when you take care of one of these virtual babies," Brinkman adds. "It definitely didn't seem to put the girls off."

Similar programs are delivered in dozens of countries, including Canada, but not always for pregnancy prevention.

In the Toronto District School Board, some schools use infant simulators as a teaching and learning resource for a high school course on raising healthy children, says TDSB spokesperson Ryan Bird. The course focuses on parenting skills, which an emphasis on maternal health, pregnancy, birth, and early child development.

Toronto parenting expert Alyson Schafer says both her daughters participated in a similar program at their high school in Newmarket for a parenting course, and found the infant simulator dolls an "unrealistic" experience.

But she says the programs can be a "leaping off point" for parents to have conversations at home about how their children feel about caring for the virtual baby. "Most teen pregnancies happen because teenagers want something to love, and they think that having a baby will give them the love they can't get from their boyfriend, or whoever," she adds.

TORSTAR NEWS SERVICE

JOHANNA SCHNELLER **WHAT I'M WATCHING**

Misogyny isn't funny, it's just plain ugly

The Netflix movie The Do-Over is filled with angry misogyny, writes Johanna Schneller. CONTRIBUTED

THE SHOW: The Do-Over (Netflix)
THE MOMENT: The misogyny

Former pals Max (Adam Sandler) and Charlie (David Spade) are reconnecting on Max's yacht, dreaming of ditching their unhappy lives and starting fresh. (Which they do, but their new identities get them in trouble.) Max pulls up beside a sailboat populated by women in bikinis. He mimes, "Take off your top." Two do. They mime, "Pull down your pants." Charlie does.

One woman laughs, the other boos. Max pulls out a flare gun and shoots it at them. They fall into the water. The men laugh and drive away. Later, the men tell Heather (Paula Patton) that her husband is dead. "You gonna make a move on that," Max whispers to Charlie, "or am I?"

"Her husband just died," Charlie says.

"Then she needs a nice d— to cry on," Max replies.

These are but two examples of the scorn with which this made-for-Netflix movie treats women. Every female here is evil, crazy or both, and the men denigrate them relentlessly, including the ones they have sex with. "I hope you didn't catch any sores from her filthy vagina," Max's mom says about Charlie's (evil, crazy) wife.

I know that comedy can be fueled by anger, and that everyone is fair game. But the anger here isn't filtered into humour; it's just ugly. Near the end, Charlie and Heather have a full-on fist fight. "I'm so tired of women lying to me and f—g me over," Charlie cries, punching her in the stomach and face. That feels like the heart of this thing. It isn't funny.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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Gene Wilder died late Sunday from complications from Alzheimer's disease. TORSTAR ARCHIVE

Wilder blessed films with magic

OBITUARY

Mel Brooks mourns passing of collaborator and friend

Gene Wilder, the frizzy-haired actor who brought his deft comedic touch to such unforgettable roles as the neurotic accountant in The Producers and the deranged animator of Young Frankenstein, has died. He was 83.

Wilder's nephew said Monday that the actor and writer died late Sunday at his home in Stamford, Connecticut, from complications from Alzheimer's disease.

Jordan Walker-Pearlman said in a statement that Wilder was diagnosed with the disease three years ago, but kept the condition private so as not to disappoint fans. "He simply couldn't bear the idea of one less smile in the world," Walker-Pearlman said.

Wilder started his acting career on the stage, but millions knew him from his work in the movies, especially his collaborations with Mel Brooks on The Producers, Blazing Saddles and Young Frankenstein. The last film — with Wilder playing a California-born descendant of the mad scientist, insisting that his name is pronounced "Frahnken-SHTEEN" — was co-written by Brooks and Wilder.

"One of the truly great talents of our time," Mel Brooks tweeted. "He blessed every film we did with his magic & he blessed me with his friendship."

Gene Wilder was known for his role in Willy Wonka and the Chocolate Factory (above) and Young Frankenstein.
TORSTAR ARCHIVE

With his unkempt hair and big, buggy eyes, Wilder was a master at playing panicked characters caught up in schemes that only a madman such as Brooks could devise. But he also knew how to keep it cool as the boozy gunslinger in Blazing Saddles or the charming candy man in the children's favourite Willy Wonka and the Chocolate Factory. His craziest role: the therapist having an affair with a sheep in Woody Allen's Everything You Wanted to Know About Sex.

In 1982, while making the generally forgettable Hanky-Panky, he fell in love with co-star Gilda Radner. They were married in 1984, and co-starred in two Wilder-penned films: The Lady in Red and Haunted Honeymoon.

After Radner died of ovarian cancer in 1989, Wilder spent much of his time after promoting cancer research. He opened a support facility for cancer patients called Gilda's Place. In 1991, he testified before Congress about the need for increased testing for cancer. Wilder is survived by his wife, Karen, whom he married in 1991.

THE ASSOCIATED PRESS

No shower week an odorous task

The dare: Go a week without showering. Here's how one writer fared

Carli Stephens-Rothman
Torstar News Service

I went on a four-week canoe trip when I was 15. When it was over,, my parents picked me up and we drove the two-hour trip home.

Seconds after getting on the highway, my mother craned her neck through the open window like a golden retriever, shouting back that I smelled like "bonfire and corpses." She was laughing, but also gagging.

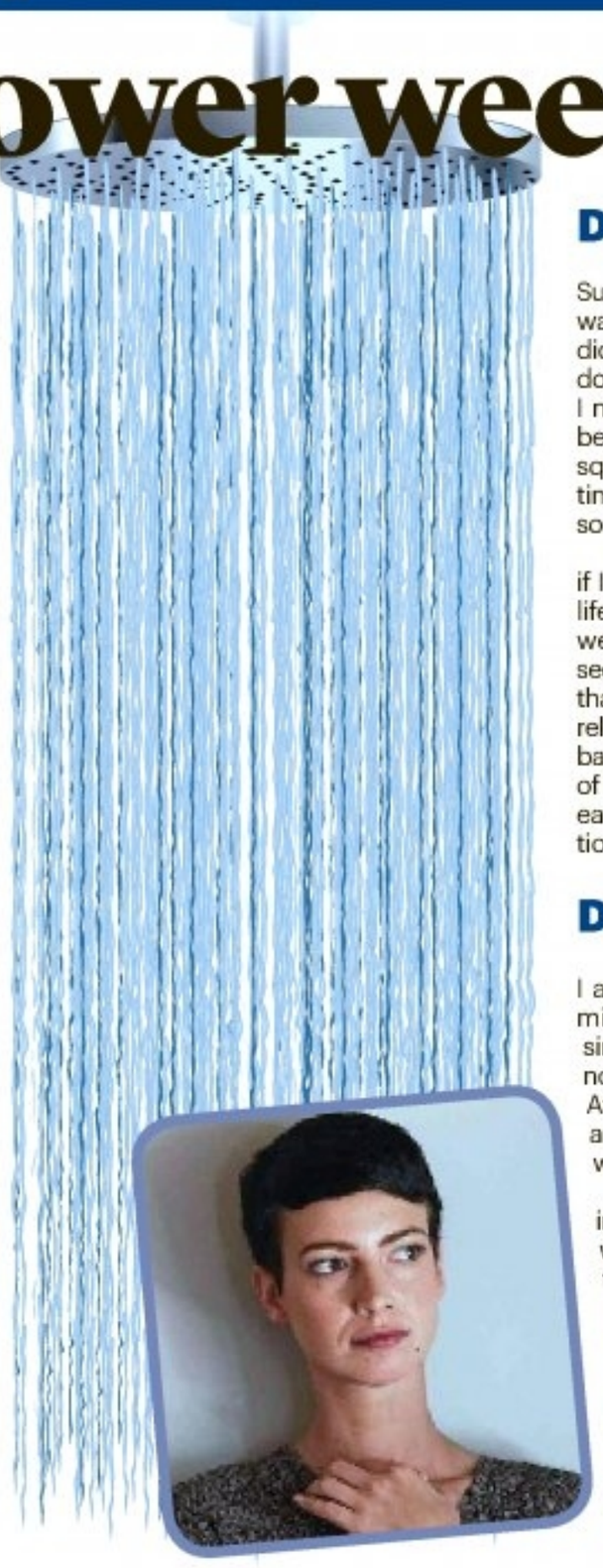
Curious, I stuck my finger under my arm and brought it to my nose. I couldn't smell anything, but I trusted my mother and vowed to never go a day, let alone a month, without bathing again.

When my editor asked if I'd like to write about going shower-free for a week, all I could think of was that car ride. The sound of my mother cackling and retching came flooding back, like some kind of B.O.-P.T.S.D., and I felt immediately defeated.

After I expressed trepidation, my editor sent me an Atlantic article, where a writer stopped showering and loved it. He opened by disclosing he, too, felt skeptical at first. But after a few weeks, his body simply adjusted. He was no longer oily, or smelly, and concluded we spend two whole years of our lives in the confines of our shower stalls, needlessly.

Reading this, I thought about what I might do with two years. Immediately, images of a deep-soaker tub, candles and spa music came to mind.

This was going to be hard. I'd need to rewire.



Other than saving time and reducing fights with her boyfriend, Carli Stephens-Rothman's attempt to avoid bathing proved a bit too much to bear. CONTRIBUTED

Day1

Surprisingly, though, my first morning was both freeing and enlightening. I didn't have to bang on the bathroom door, screaming at my boyfriend that I needed to get in there right now, because I didn't actually need to. We squabble over two things: shower time and radio stations. This could solve 50 per cent of our problems!

I left for the day feeling smug, as if I'd discovered the world's greatest life hack, and mentally planned my wedding as I walked to work. You see, we're not even engaged, but now that I knew the secret to success in relationships was steering clear of the bathroom, it would only be a matter of time. I arrived at work 30 minutes early, with a fantastic idea for reception catering.

Day2

I awoke feeling even more determined. I dampened my hair in the sink, no shampoo, rinsed my face, no soap, and applied deodorant. The Atlantic guy said he used deodorant from time to time but, for me, it would be non-negotiable.

By day's end, although not feeling totally filthy, I did feel as if there was a slick film on my face. I went to sleep meditating on pimples, something I haven't dealt with since high school.

Day3

I awoke in a terrible mood following a night of sticky tossing. The temperature had shot up and the wobbly fan in the corner did little to make me comfortable as I slept.

Looking in the bathroom mirror, I touched my hair, which looked as if I'd been doing headstands in a frying pan. My sweat glands had revolted in the heat, so perhaps a cool rinse would be OK? I kept it to two minutes — phone timer set — and relished every second, not scrubbing.

Just before lunch, the new receptionist knocked on my door. Someone has complained, I thought. Bonfire and corpses. Retching and cackling. I quickly pumped sanitizer into my hands hoping the antiseptic smell would overtake the aura of stench I imagined surrounded me.

"Sorry to bother you," she began, "do you know how to replace the paper towel in the washroom?"

As I showed her to the supply closet, I felt nervous-sweat (which is different than heat-sweat, FYI) in places I'd never felt sweat before, making dangerous matters worse.

When I left that night for the weekend, I walked home with my arms straight down and my palms pushed flat to my sides, in an attempt to hermetically seal my armpits, and made a plan to ride out the rest of the week-long challenge quarantined in the spare bedroom.

Day4

Today brought an opportunity to go to the beach with friends. I shaved my legs in the sink, applied deodorant and put on a baseball hat. The lake water would be a nice cheat, I thought. It saddened me to discover, then, that the topic of conversation that afternoon would be a history of freshwater duck lice in that very lake.

I learned all about it as I stood waist deep in the waves! Fun fact: Duck Lice, also known as Swimmer's Itch or cercarial dermatitis, is extremely common in slow-moving freshwater.

I moved, not so slowly, out of the lake and sat on my towel, picturing tiny parasites having a party in the safe, damp, darkness of my bathing suit. The scratching began as soon as we got into the car. All evening, I scratched and scratched, raking my skin first with my nails, and then with a hairbrush.

I texted a fellow swimmer to see if she was itchy. She was not. I rubbed an oatmeal-based lotion into my legs, arms and pretty much everywhere else and then went to bed. Despite having no visible rash and being the only swimmer from the day experiencing irritation, I still knew it. "You have duck lice," my brain screamed. "You are disgusting."

Disregarding the phenomenon of psychosomatics, I vowed to dismiss the assignment. Tomorrow, I would shower. And probably burn my sheets.

Day5

In the morning, I sprinted from my bedroom to the bathroom and cranked my shower to scalding. I methodically laid out a bathmat, grabbed a towel and prepared to baptize myself in gel-based body wash for combination skin.

Once wet, I sang to myself as I lathered, rinsed and repeated. Twice. The imaginary duck lice was gone, I had dodged a prehormonal acne outbreak and ... "Dude, can't you hear I'm in here? Wait your turn! Lalala!"

I had failed the challenge but I was fresh. And that's what mattered most. I'm certain I'm not unique to other human beings. Like the Atlantic guy, I probably would have levelled out after a few weeks. But as I learned on that canoe trip 14 years ago, the journey is just as important as arriving at the destination.

Perhaps one man's vanity is another man's sanity and maybe my reasons for wanting to bathe are a little bit shallow, but there's no place like a deep, deep bubble bath to contemplate those insecurities further.

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A fresh new dojo and yoga studio

Tatami Studio is Winnipeg's newest dojo and yoga studio teaching the art of Aikido, Dru Yoga, and Dru Meditation. The studio is offering free classes in all three disciplines for children, youth and adults for their grand opening Sept. 6–10.

"Tatami Studio is a fresh new dojo and yoga studio with energetic teachers who've both studied in Japan, Europe, the United Kingdom and North America," says spokesperson Anikó Szabó. "One of the things that make them unique is that they offer classes for everyone from children and youth, to adults and seniors."

Aikido is popular with parents because it's a non-violent martial art that consists of precise movements that redirect the momentum of an opponent's attack, which can be practised by people of all ages and levels of physical wellness.

Tatami Studio, located at 447 Kensington St., is also the only yoga studio in the city to offer Dru Yoga and Dru Meditation.

Dru Yoga has its roots in hatha yoga and includes classical yoga postures (asanas), breath work hand gestures (mudras) and empowering visualization through dynamic yoga sequences.

Dru Meditation classes delve deeply into the science of meditation to find inner peace amidst life's challenges. Dru Meditation focuses on the five layers (koshas) of the body.

CONTRIBUTED

CONTRIBUTED

The techniques taught at Tatami Studio will give the student skills to increase daily mindfulness, energy and peace.

As well as offering any class for free during their grand opening, those who sign up on or before Sept. 10 will also receive 50 per cent off their first month of classes. Please visit tatamistudio.ca for full details.

NEW SEASON MEANS NEW ARRAY OF PROGRAMS AND ACTIVITIES

Just because summer is drawing to a close, shouldn't mean the activities you and your family enjoy have to be restricted or put on hold. This fall, the City of Winnipeg Leisure Guide is offering more than 3,300 programs related to swimming, sports, leisure and fitness.

Due to popular demand is the return of the Fall Interim Swimming Lessons. Available on a condensed schedule during the month of September, these lessons are available at Bonivital, Elmwood Kildonans, Margeret Grant, Seven Oaks and St. James Assiniboia.

Up next is skating: aside from just being extremely fun, skating is an excellent foundation for hockey, figure/speed skating and ringette. The 10-week program is available to all ages and will help you hone fundamental skills to ensure confidence on the ice this winter.

The new additions for 2016 should excite budding artists as kids from 7-12 years old can learn step-by-step painting instructions and create independently in the new Kids Paint Party program. Or you can make it a family event with the Family Paint Party classes.

CONTRIBUTED

Other newbies to this year's Leisure Guide include Anything Goes for preschoolers, and a number of new Adult Leisure options — Aboriginal Beading, Zentangle 3D Star, Acrylic Painting and seven new Hands-On Culinary Experiences with Jim and Barbara Pappas.

If this array of activities doesn't light a fire under you I don't know what will. For more details, visit Winnipeg.ca or call 311.

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metro SPORTS

Wayne Rooney will remain England captain but will be used as a deep-lying forward instead of a midfielder under new manager Sam Allardyce

Stretch run will reveal Bombers' true identity

BOMBERS THIS WEEK
Ed Tait

The Canadian Football League season offers up some significant signposts on the road to the Grey Cup, from the opening of training camp and the regular season, to the turn for the stretch run that comes at Thanksgiving.

But it could be argued none is bigger for getting a read on where a team is at than the midway point of the campaign and the annual Labour Day weekend.

All of which brings us to the crazy, compelling story that the Winnipeg Blue Bombers have become.

Given up as comatose just a few weeks ago — some were already penning the obituary and clearing throats to administer last rites — the Bombers have cranked out four straight wins to get to 5-4.

That's a juicy number not just solely in light of the 1-4 start, but because it marks just the third time in nine seasons the club has reached the midway point of the season with a winning record (7-2 in 2011, 6-3 in 2014).

1-3

The Bombers' division record this season. Their success has largely come against the East.

Let's take this one step further, too, just to hammer home a point.

A year ago starting quarterback Drew Willy had already been lost for the season with an injury and Brian Brohm was about to make his only start against the Saskatchewan Roughriders. Cameron Marshall was the running back and Lirim Hajrullahu, already having lost his mojo, was about to enter a nasty final nine games in which his nightmare season was only going to get more gruesome.

Read that last paragraph over one more time, and then consider this: Matt Nichols — still an Edmonton Eskimo this time late last August — is 4-0 this year as the Bombers' new starter and 6-5 overall; hometown hero Andrew Harris is the feature back and Justin Medlock is in the middle of a club-record streak that has him at 20 consecutive field goals and counting.

There's more …

Kevin Fogg is a rookie-of-the-year candidate; the team's top four picks in the 2016 CFL Draft — Trent Corney, Michael Couture, Taylor Loffler and Shayne Gauthier — all made the team, with Loffler, now starting at safety, looking like an absolute steal.

The Blue Bombers have benefitted from Justin Medlock converting his last 20 field goal attempts. /PAUL CHIASSON/THE CANADIAN PRESS

Other veteran CFLers like Euclid Cummings and Keith Shologan, coupled with fresh faces like Fogg, C.J. Roberts and Terrence Frederick, have helped morph the defence into a turnover machine. And the offensive line and receiving corps, both crushed by injuries in the first half of the season, have been bolstered by the additions of Travis Bond, Manase Foketi, Jermarcus Hardrick, Thomas Mayo, Quincy McDuffie and Jace Davis, Kevin Sheppard.

All of this leads to one thought: for as much as Kyle Walters & Co. were criticized for spending like sailors on shore leave in free agency, the Bombers brain trust has had a heckuva last seven months, the 1-4 start included.

But, again, the midway point/Labour Day weekend is just a signpost on the way to the real games in November. There's a ton of season left and the Bombers' final third — featuring games against Calgary, Edmonton and back-to-backs with B.C. and Ottawa — is absolutely gruelling.

The about-face in the narrative, however, is already dramatic. The Bombers have folks tuning in — not tuning out — for a change. A welcome change.

U.S. OPEN

Pospisil off the schneid at majors

Vancouver's Vasek Pospisil earned his first Grand Slam victory of they year on Monday, downing Slovakia's Jozef Kovalik in straight sets at the U.S. Open.

Pospisil fired seven aces and broke Kovalik five times in a 6-1, 6-3, 6-3 victory.

The Canadian will face South Africa's Kevin Anderson in the next round.

Vasek Pospisil
GETTY IMAGES

It was an essential victory for Pospisil as he tries to turn his singles game around after falling from 39th at the start of the year to 123rd heading into the last major of the season.

He has a 7-21 singles record this year including first-round losses at the Australian Open, French Open and Wimbledon.

He has fared much better in doubles, where he is ranked 14th and reached the bronze-medal match at the Rio Olympics with Toronto's Daniel Nestor.

Later Monday, fifth seed Milos Raonic of Thornhill, Ont., defeated Germany's Dustin Brown in straight sets, 7-5, 6-3, 6-4.

Eugenie Bouchard of Westmount, Que., plays her first-round singles match on Tuesday against Katerina Siniakova of the Czech Republic.

THE CANADIAN PRESS

MLB

Jays make room on roster for Navarro

The Toronto Blue Jays have designated Josh Thole for assignment to make room for catcher Dioner Navarro.

The Blue Jays acquired Navarro from the Chicago White Sox for left-handed pitching prospect Colton Turner. He reported to the team Monday before the opening game of an American League East showdown with the Baltimore Orioles.

Navarro has struggled a bit this season with a .210 batting average but he has driven in 32 runs.

Josh Thole
GETTY IMAGES

Thole is primarily used as the catcher for knuckleballer R.A. Dickey, but his .158 average makes him a liability on offence.

He could return to the Blue Jays if he clears waivers.

THE CANADIAN PRESS

IN BRIEF

Bosh releases video of him back on hardwood

Chris Bosh is back on the basketball court, dropping a big hint that he plans to try playing for the Miami Heat again this season.

Bosh released a video Monday on Snapchat of him going through a non-contact workout. It's the first time this off-season that he's revealed doing any on-court work. Each of his last two seasons were cut short by the formation of blood clots.

THE ASSOCIATED PRESS

NFL

Siemian to start at QB for Broncos

Trevor Siemian is Peyton Manning's successor.

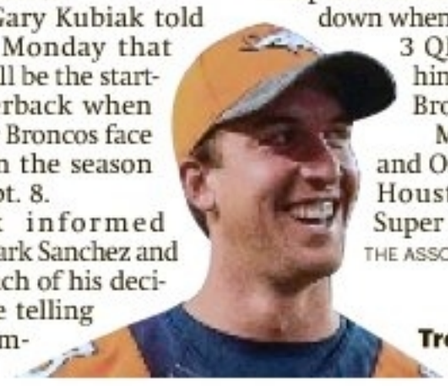
Coach Gary Kubiak told the team Monday that Siemian will be the starting quarterback when the Denver Broncos face Carolina in the season opener Sept. 8.

Kubiak informed Siemian, Mark Sanchez and Paxton Lynch of his decision before telling their teammates.

Siemian has just one NFL snap on his resumé, a kneel-down when he was the No. 3 QB last year behind Manning and Brock Osweiler.

Manning retired and Osweiler left for Houston after the Super Bowl.

THE ASSOCIATED PRESS



Trevor Siemian
GETTY IMAGES

NOTES

- Gael Monfils literally brought the house down in chasing an overhead Monday. Monfils went leaping into the back wall and his right foot kicked a clock apparatus. A moment later, the whole panel tumbled forward, spilling out wires from behind. The Frenchman went on to beat Gilles Muller 6-4, 6-2, 7-6 (5).
- Playing with his left wrist heavily bandaged, Rafael Nadal beat Denis Istomin 6-1, 6-4, 6-2.

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7	4	3	2	8	5	9	6	1
2	9	6	4	1	7	8	3	5
5	8	7	9	6	2	1	4	3
4	6	2	7	3	1	5	9	8
9	3	1	5	4	8	2	7	6
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6	1	9	8	2	3	4	5	7

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✷ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
This is a lovely, playful time for Aries! Accept invitations to party. Enjoy romance, entertaining diversions plus playful activities with children.

Taurus April 21 - May 21
Home and family are your primary focus today. Home repairs, plus redecorating projects, are on your mind. However, you might want to just cocoon today.

Gemini May 22 - June 21
Your daily pace is busy with short trips, discussions with everyone and increased reading and writing. Today you feel a strong need to be heard by someone.

Cancer June 22 - July 23
You have moneymaking ideas because you want to boost your income now. However, you also are buying beautiful things for yourself and loved ones. Yes, money is on your mind.

Leo July 24 - Aug. 23
The Sun, the Moon, Mercury and Venus all are in Leo! Yes, you will rule! This is a good day to ask the universe for a favor, because you just might get it.

Virgo Aug. 24 - Sept. 23
You prefer to work alone or behind the scenes today, because you feel somewhat withdrawn. You need a breather from the busyness of everything going on around you. (Gasp!)

Libra Sept. 24 - Oct. 23
This is a popular time for Libras! Enjoy interactions with others, especially in groups. Younger, creative people will appeal to you now

Scorpio Oct. 24 - Nov. 22
You make an excellent impression on bosses, parents and VIPs right now — and you can use this to your advantage. Ask for what you want. Get the approval you need. Try it!

Sagittarius Nov. 23 - Dec. 21
Travel and a chance to get further education or training are easy things for you to accomplish right now. Do anything to break free from your daily, humdrum routine.

Capricorn Dec. 22 - Jan. 20
This is a good day to ask for a loan or mortgage, because you can benefit from the wealth and resources of others at this time. Today, in particular, the Moon will help you even more so.

Aquarius Jan. 21 - Feb. 19
You have a strong focus now on partners and close friends. Things will flow along easiest today if you compromise with others. Cut someone some slack

Pisces
Feb. 20 - March 20
Act on your urge to get better organized, because this will please you. Co-workers are cooperative, that's for sure.

CONCEPTIS SUDOKU by Dave Green
Every row, column and box contains 1-9

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RECIPE Slow Cooker Beef Chili

Ceri Marsh & Laura Keogh
For Metro Canada

You won't believe such complex flavours come out of such little effort. Thank your slow cooker for doing all the work for you, alright?

Ready in 8 hours, 20 minutes
Prep time: 10 minutes
Cook time: 8 hours, 10 minutes
Serves 4 to 6

Ingredients
- 1 lb ground beef
- 2 cloves garlic, minced
- 1 onion, diced
- 1 carrot, diced
- 1 celery stick, diced
- 1 can diced tomatoes (14 oz)
- 1 can chickpeas (14 oz)
- 1 can tomato paste (5.5 oz)
- 1 Tbsp chili powder
- 1 tsp dried oregano
- 1 tsp Worcestershire sauce
- 1 tsp salt
- 1/2 tsp pepper
- 1/4 tsp dried mustard
- 1/4 tsp cinnamon
- Chopped green onion for garnish

Directions

1. Place ground beef in your slow cooker and break it up with a wooden spoon. Add the rest of the ingredients and give the whole thing a big stir to blend.

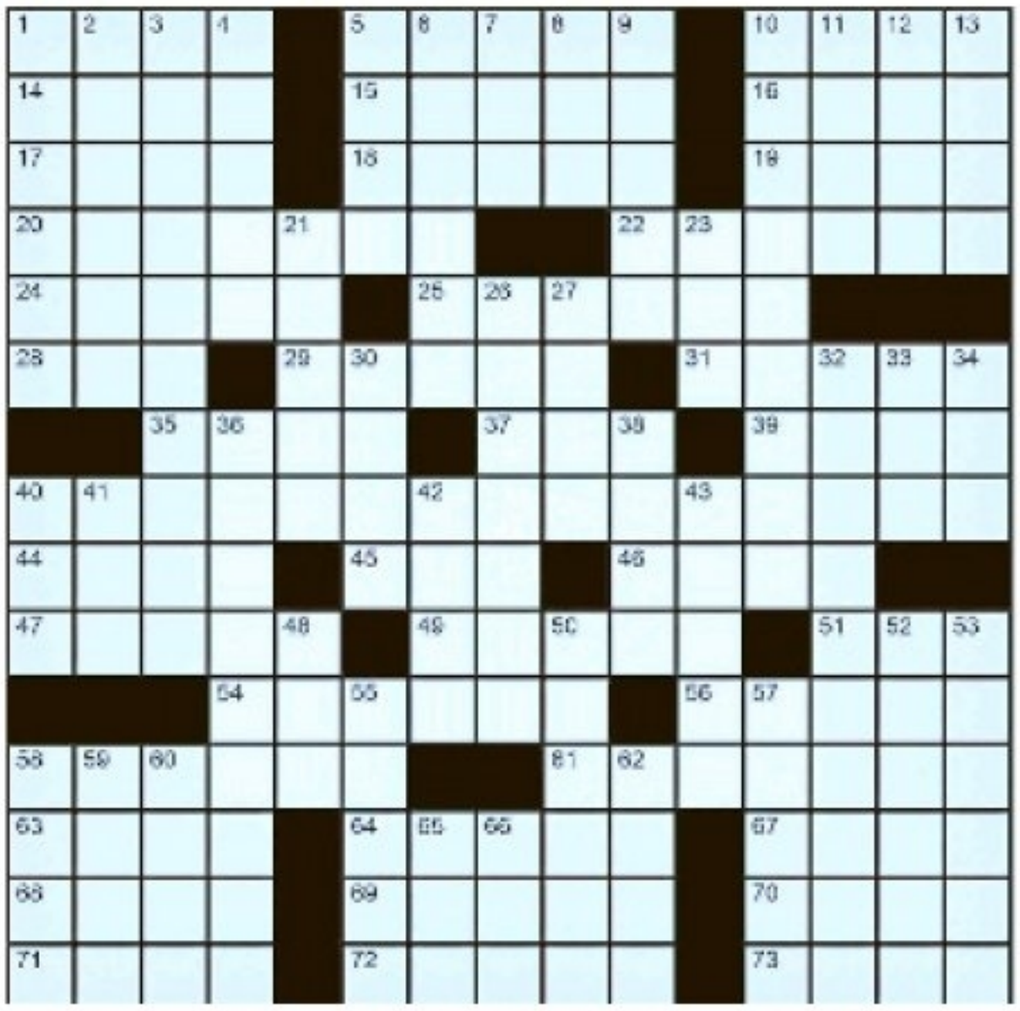
2. Cook on low for 8 hours. Serve with some chopped green onion for garnish.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE metronews.ca



ACROSS
1. Come clean, _ up
5. Bar, in law
10. Bowler feature
14. Literary collection [abbr.]
15. Steam†bath
16. Vegas gambling alternative
17. Hollywood legend Mr. Grant
18. Chapel area
19. Poet's preposition
20. Wolfgang _ Mozart (b.1756 - d.1791)
22. Sinew
24. Satan
25. Measure
28. Yalie
29. Matter at hand
31. Plucked banjo string sound
35. Memo
37. Greg to Marcia, for short
39. "_ _ you five dollars that..." (Challenge opener)
40. Do this as a border guard at a Canada-USA crossing: 2 wds.
44. _ + The Mechanics ('80s band)
45. Definite article
46. Cod-like fish
47. Actress, Lara _ Boyle
49. "He doesn't know how to 'stay' _ '_' yet, but he understands 'walkie.'" ...said the new puppy owner to the dog trainer
51. Actor Alastair
54. Quadrant
56. Street in Quebec City, _ _ Sault-au-Matelot
58. Dar es _ (Tanzania city)
61. Title of Percy Bysshe Shelley's elegy for John Keats
63. Swanky
64. Stop driving
67. "_ _ _" (Response to "How are ya?")
68. "And _ _, and..." (Bandleader's counting intro)
69. Raring to go
70. Prefix to 'phony' (Harsh noise)
71. Tinted
72. Weaponize again
73. Chalcedony

DOWN
1. Window dressing
2. Manicurist's lacquer
3. Igor of classical music composing
4. British royal, to the press, when she first stepped onto the world stage in the early 1980s: 2 wds.
5. Old Testament twin
6. Dips for tortillas
7. King _
8. Bird _ _ Wire (1990)
9. Ex _ communications (Legal no-no)
10. Canadian canned sardines brand
11. Rip apart
12. Call _ question
13. Earth's night light
21. Upper crust
23. 'He is' in Montreal, Il _
26. Bring down/overthrow
27. Very dry
30. Faction
32. Royal Canadian Navy gig: 2 wds.
33. Born, bride-style
34. Lettered sports cars
36. _-_ sandwich
38. "_, _." (Hey, I just spotted you here)
40. Global currency org.
41. Nada
42. Norse thunder god
43. Medical prefix meaning 'Healing'
48. Perfume by Cacharel
50. Salt _
52. Complete nonsense
53. Canadian Arctic animal
55. Earthy pigment
57. Canned brand of Canadian chick peas
58. Carangid fish
59. Skipper's salute!
60. Queue
62. 'Lubri' add-on (Skin moisturizer brand)
65. Norma _ (1979)
66. Palindromic honorific

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